Continual Learning: Foundational Principals for Learning, Growing and Changing

Personal Leadership Effectiveness

Length: 1 Day

Each Participant Will Learn How to:

- Be proactive, develop healthy new habits and improve their personal discipline.
- Build an accurate self-image based on increasing self-awareness and accountability.
- Cultivate a positive attitude that gives them a proper perspective when faced with fears, problems and other difficulties.
- Balance their personal priorities, attitudes, and goals.
- Build in the ability to handle change and make necessary mid-course corrections.

COURSE CONTENT

1. **LEARNING AND GROWING**
- Become disciplined
- Develop good habits

2. **INITIATIVE**
- Leverage your strengths
- Develop your weaknesses

3. **GET RID OF THE NEGATIVE**
- Accept Problems
- Believe the Best

4. **CHANGE**
- Understand change and how to handle it

5. **RESPECT**
- Building a team on unity
- Understand personal communication