

# Foundational Principals for Learning, Growing and Changing

## *Personal Leadership Effectiveness: Continuous Learning*

**Length:** 1 Day

**Each Participant Will Learn How to:**

- Be proactive, develop healthy new habits and improve their personal discipline.
- Build an accurate self-image based on increasing self-awareness and accountability.
- Cultivate a positive attitude that gives them a proper perspective when faced with fears, problems and other difficulties.
- Drive their actions by their values (personally and professionally).
- Discover and execute a clear sense of personal mission and purpose in their life.
- Balance their personal priorities, attitudes, and goals.
- Have the ability to effectively listen, confront and empathize when interacting with personal and professional relationships.
- Commit to continuously investing in their personal character development.
- Build in the ability to handle change and make necessary mid-course corrections.
- Persevere and stay focused on priorities and not give up during difficult times.

## COURSE CONTENT

### 1. LEARNING AND GROWING

- Become disciplined
- Develop good habits

### 2. INITIATIVE

- Achieve Personal Significance
- Leverage your strengths
- Develop your weaknesses

### 3. GET RID OF THE NEGATIVES

- Accept problems
- Believe the best
- Cast off the negatives

### 4. INTERNALIZE RIGHT PRINCIPLES

- How to do the right thing
- Understanding your value system

### 5. CHANGE

- Understand change and how to handle it
- Importance of goals and long-term vision

### 6. RESPECT

- Building a team on unity
- Understand personal communication
- Manage relationships

### 7. ENERGIZE INTERNALLY

- Building our character
- Sustaining our contribution

### 8. REALIGN RIGOROUSLY

- Assessing problems
- Developing impactful solutions



## 9. STAY THE COURSE

- Achieve results
- Perseverance in reaching goal

### Workshop Outcomes and Benefits: Continuous Learning

#### Personal / Professional

- Self-Awareness
- Accountability
- Personal Responsibility
- Self-Discipline
- Values Clarification
- Personal Achievement
- Initiative
- Better Relationships
- Greater Sense of Purpose
- Personal Significance

#### Team / Organizational

- Empowered Culture
- Improved Communications
- Greater Productivity
- Effective Team Work
- Increased Retention
- Enhanced Company Morale
- Improved Employee Engagement
- Overall Performance

