

Women in Leadership II

Length: 1 Day

Summary: Discover how to identify the unique talents of the best and brightest on your teams, and how to use coaching, mentoring, and sponsorship to engage and retain them. Learn to communicate assertively and tactfully to be heard, make tough decisions in tough times and be a model for your teams. Discover three filters that hold women back in the workplace and how to dismantle them to show up more confidently and effectively. Learn how to build self-awareness to show up authentically, grow as a leader and develop executive presence and authority. Finally, let's look at gender dynamics in the workplace and how to build allies and networks to support your journey as a leader.

COURSE CONTENT

Leaders Are Individual Champions

- How to identify, support and retain the best people on your team
- The difference between coaching, mentorship, sponsorship and how to use them for your career and the people you serve

Show Up As A Leader - Speak Up

- Characteristics of leaders who lead (speak up, make the call, walk the talk)
- Communicate assertively to be clear, composed, and be heard.
- Pitfalls of female communication what to say and not to say to be heard

Show Up As A Leader - Be A Decision Maker

- How to make the right calls for your teams in hard times
- Goals setting and planning involving your team vs. delegating the responsibility of leadership

Show Up As A Leader - Walk The Talk

- Earning and showing trust in leadership
- Harmful assumptions in the workplace
- Strategies for running effective meetings

- Time management busy vs. productive vs. effective

Filters That Hold Women Back From Speaking Up, Showing Up And Making An Impact

- The Wonder Woman
- The Nice Girl
- The Only One

Characteristics Of Great leaders

- Executive presence: showing up as a leader
- Female leadership - using emotional intelligence, compassionate leadership, and collaborative skills to motivate and engage your teams.
- Self-awareness, techniques, and practices to increase your understanding of your strengths and areas of growth as a leader.

Leading Alongside Men

- Gender dynamics in the workplace: Biases against and strengths of female leadership
- Building networks and allies