

Critical Thinking

Length: 1 Day

Summary: Critical thinking is the ability to correctly understand information, a situation or problem from different perspectives in order to take or suggest the best possible action. Critical thinking skills provide ways to arrive at better decisions with greater confidence and can help you clearly determine what matters in the face of any challenge. This course gives you the knowledge and tools you need to effectively apply critical thinking in your organization.

How You Will Benefit:

- Learn and practice critical thinking skills and techniques
- Improve how you recognize assumptions, evaluate arguments or draw conclusions
- Distinguish between fact and opinion more readily
- Be more aware of how emotion, time pressure, style and limited resources affect your thought processes and decisions
- Recognize how critical thinking relates to other cognitive processes
- Promote critical thinking as a valuable practice in a high-performing workplace

COURSE CONTENT

1: RECOGNIZING THE VALUE OF USING CRITICAL THINKING

- Defining critical thinking
- Characteristics of effective critical thinkers
- Critical Thinking Styles

2: UNDERSTANDING THE COMPONENTS OF CRITICAL THINKING

- Practices and techniques in each part of the framework
- Recognizing and evaluating arguments
- Developing and evaluating explanations

3: OBTAINING FEEDBACK ON CRITICAL THINKING SKILLS

- Recognizing the value of gaining insight into one's critical thinking skills

4: DECISION MAKING

- Decision making process
- Barriers to decision making

5: GROUP CREATIVE THINKING

- Brainstorming options
- Challenging assumptions
- Avoiding groupthink

6: APPLYING CRITICAL THINKING IN BUSINESS SITUATIONS

- Practicing using critical thinking skills and techniques in a real business situation
- Creating an initial action plan for developing critical thinking skills