

Mentoring Skills

Length: 1 Day

Summary: In this training, you will learn about mentoring and what it takes to be a mentor.

COURSE CONTENT

- 1. MENTORING**
 - Ground Rules
 - Course Objectives
- 2. WHAT IS MENTORING?**
 - Mentoring Model
 - Why Is Mentoring important?
- 3. ROLES AND RESPONSIBILITIES**
 - Mentee's role and responsibilities
- 4. CRITICAL SKILLS FOR MENTORS**
 - Building rapport
 - Listening
 - Questionings
 - Question Types
 - Providing Advise and Problem Solving
 - Problem Solving Approach
 - Solution Focused Approach
 - Phases in the Relationship
- 5. MANAGING THE MENTORING RELATIONSHIP**
 - Mentoring meeting
 - Goal setting
 - A mentoring plan